

Refined Focus Group Questions for Evaluating the Proposed Document

Preface: Sharing Your Perspective

"Before we dive into the discussion, I'd like to share a bit about why I created this document. As someone who has personal experience with ADHD, I understand how challenging it can be to manage projects, track progress, and stay accountable. This document is designed not only to provide structure but also to adapt to individual needs, offering a balance of guidance and flexibility. I'd love to hear how you feel this might work for you, especially if you identify as neurodiverse or have specific learning preferences.

I am also aware that as the number of students accessing wearable tech increases, the time dedicated to individual student support and learning will decrease."

Section 1: Initial Impressions & General Feedback

1. What are your first impressions of the document's structure and purpose?
 2. Does the document feel approachable and student-friendly? Why or why not?
 3. Do you feel it offers enough flexibility to adapt to your personal learning style and ways of working?
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Section 2: Organisation, Tracking, and Accountability

4. Does the document provide tools or structure that would help you stay organized and accountable?
 5. The project log is designed to help you break tasks into manageable steps and track progress. Would this work for you? Why or why not?
 6. Do you think the flowchart planning section would make it easier to visualize and plan your project's functionality or user journey?
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Section 3: Supporting Diverse Learning Styles

7. Does the document balance independent exploration with direct support (such as workshops or consultations) in a way that works for your learning style?
 8. Are tools like checklists, flowcharts, or visual resources helpful for breaking down complex tasks? Would you find these useful in your workflow?
 9. How comfortable are you using online guides, video tutorials, or similar resources independently?
 10. Is there anything that could make these resources more engaging or easier to use?
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Section 4: Scaffolded Learning & Flipped Classroom Models

11. Would having smaller, focused resources tailored to your project help you feel more confident?
 12. Do you think a mix of self-led materials and scheduled support sessions would help you stay prepared?
 13. Would periodic check-ins to review your log or plan feel helpful, or do you prefer managing this independently?
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Section 5: Relevance & Practicality

14. How useful do you think the flowchart section would be for planning your project?
 15. Would you prefer to attempt the flowchart independently with a guide, or collaboratively with a technician?
 16. Would examples or a guide on creating flowcharts be helpful?
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Section 6: Resources & Support

17. Do workshops, tutorials, and resource recommendations feel like they would enhance your learning experience?
 18. Would you prefer open-ended suggestions or specific, tailored recommendations for your skill level and project?
 19. Are there any barriers that might prevent you from using these resources?
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Section 7: Independent Work & Student Autonomy

20. This document is designed to encourage independent work while ensuring support is available. Does it feel like the right balance for you?
 21. Do you feel confident maintaining the project log and tracking your progress? What kind of support might help you stay consistent?
 22. If you've faced challenges managing or organizing projects in the past, do you feel this document would have made a difference?
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Section 8: Overall Feedback & Suggestions

23. What challenges or concerns do you foresee in using this document?
24. If you could change or add one thing to the document to make it more effective, what would it be?
25. Do you feel this structured process would make it easier to approach your project work? Why or why not?

Optional: Reflections on Personal Learning Needs

26. Is there anything about your learning style or needs—such as liking lists, visuals, or step-by-step guidance—that the document should better support?
 27. Do you feel the document provides enough options to tailor the process to your personal preferences or learning needs?
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Section 9: Feedback on Your Wearable Tech Lab Experience

We're also keen to hear about your overall experience with the Wearable Tech Lab during your time here. Your feedback will help us improve how we support students in the future.

1. **General Impressions:**
 - How would you describe your overall experience working in the Wearable Tech Lab?
2. **Support Availability:**
 - Were you able to access technical support when you needed it?
 - Did you find wait times for 1-to-1 assistance reasonable? If not, what could be improved?
3. **Accessibility:**
 - Did you find the resources (tools, equipment, and online materials) easily accessible and well-organized?
 - Were there any barriers that made it difficult to engage with the lab's facilities or support systems?
4. **Politeness and Friendliness:**
 - Did you feel welcomed and supported by the technician(s) and other staff?
 - Were the interactions professional and helpful?
5. **Workshops and Tutorials:**
 - Did the workshops and tutorials meet your expectations in terms of content and delivery?
 - Were they scheduled at convenient times, and did they feel relevant to your project needs?
6. **Environment and Atmosphere:**
 - Did the lab provide a comfortable and inclusive environment for you to work in?
 - Were there any aspects of the physical or social environment you feel could be improved?
7. **Suggestions for Improvement:**
 - Is there anything you feel could make the Wearable Tech Lab experience better for future students?